



Teddy Bear Day
September 9th



SEPTEMBER 2017 HEARTY MENU



Country Music Day
September 17th



PROVIDED BY BARRY COUNTY COMMISSION ON AGING 269 948-4856

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	 Letter Writing Day Sept 1st 	 Johnny Appleseed (John Chapman) Birthday Sept 26	Your donation helps us feed more seniors! 948-4856	1 Three-Cheese Chicken Penne Mixed Vegetables Cauliflower Fruit Cup
4	5	6	7	8
 ALL SITES CLOSED NO MEAL DELIVERY	BBQ Chicken Thigh Baked Potato Mixed Vegetables Raisins Fruit & Grain Bar	Smothered Pork Cutlet with Gravy Sweet Potatoes Broccoli Dinner Roll Banana	Salisbury Steak with Gravy Baked Potato Green Beans Apple Cookie	Chicken Broccoli Rice Casserole Baby Carrots Cauliflower Grapes
11	12	13	14	15
Grilled Chicken Breast Baked Potato Brussels Sprouts Apple Fruit & Grain Bar	Meatloaf Mashed Potatoes & Gravy Diced Carrots Dinner Roll Fruit Punch	Potato Crunch Pollock Roasted Red Potatoes Mixed Vegetables Dinner Roll Banana	Goulash Broccoli Corn Fruit Cup	Roast Pork with Gravy Baked Potato Malibu Blend Vegetables Dinner Roll Orange
18	19	20	21	22
Alaskan Stuffed Salmon w/Dill Sauce Baked Potato Broccoli Apple Animal Crackers	BBQ Meatballs Corn Green Beans Dinner Roll Fruit Cup	French Toast Sticks Turkey Sausage Links Roasted Red Potatoes Applesauce Orange Juice	Sweet & Sour Chicken Brown Rice Cauliflower Peas Banana	Turkey Meatloaf Mashed Potatoes & Gravy Mixed Vegetables Orange Cookie
25	26	27	28	29
Sweet & Sour Meatballs Brown Rice Cauliflower Mixed Vegetables Apple	Baked Tilapia Brown & Wild Rice Baby Lima Beans Malibu Blend Vegetables Raisins	Baked Chicken Thigh Gravy, Stuffing and Mashed Potatoes Green Beans Fruit Cup	Pizza Casserole (Pork) Diced Carrots Broccoli Banana	Chicken & Noodles Sweet Potatoes Green Beans Fruit Cup