



AUGUST 2018 HEARTY MENU



PROVIDED BY BARRY COUNTY COMMISSION ON AGING 269 948-4856

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
	<p>Your donation helps us feed more seniors!</p> <p>948-4856</p>	<p>Turkey Meatloaf</p> <p>Mashed Potatoes & Gravy</p> <p>Mixed Vegetables</p> <p>Dinner Roll</p> <p>Banana</p>	<p>Chicken & Noodles</p> <p>Corn</p> <p>Green Beans</p> <p>Fruit Punch</p>	<p>Roast Beef</p> <p>Mashed Potatoes & Gravy</p> <p>Broccoli</p> <p>Dinner Roll</p> <p>Grapes</p>
6	7	8	9	10
<p>Country Fried Steak</p> <p>Mashed Potatoes & Gravy</p> <p>Green Beans</p> <p>Fruit Cup</p>	<p>Chili Mac</p> <p>Peas</p> <p>Cauliflower</p> <p>Orange</p>	<p>Fiesta Chicken</p> <p>Brown Rice</p> <p>Brussels Sprouts</p> <p>Corn</p> <p>Banana</p>	<p>Tuna Noodle Casserole</p> <p>Broccoli</p> <p>Diced Carrots</p> <p>Fruit Cup</p>	<p>Grilled Chicken Breast</p> <p>Brown & Wild Rice</p> <p>Seasoned Red Potatoes</p> <p>Italian Blend Vegetables</p> <p>Fruit Punch</p>
13	14	15	16	17
<p>Chicken Tenders</p> <p>Roasted Red Potatoes</p> <p>Corn Muffin</p> <p>Fruit Cup</p>	<p>Roast Pork & Gravy</p> <p>Sweet Potatoes</p> <p>Broccoli</p> <p>Dinner Roll</p> <p>Applesauce</p>	<p>Tilapia</p> <p>Brown & Wild Rice</p> <p>Red Potatoes</p> <p>Green Beans</p> <p>Banana</p>	<p>Chicken Rice Bake</p> <p>Italian Blend Vegetables</p> <p>Peas</p> <p>Grapes</p>	<p>Meatloaf</p> <p>Mashed Potatoes & Gravy</p> <p>Green Beans</p> <p>Dinner Roll</p> <p>Orange</p>
20	21	22	23	24
<p>Salisbury Steak w/Gravy</p> <p>Baked Potato</p> <p>Peas</p> <p>Dinner Roll</p> <p>Fruit Punch</p>	<p>Chicken Cordon Bleu</p> <p>Mashed Red Potatoes</p> <p>Corn</p> <p>Pineapple Cup</p>	<p>Alaskan Stuffed Salmon w/Dill Sauce</p> <p>Sweet Potato</p> <p>Peas</p> <p>Banana</p>	<p>BBQ Chicken Thigh</p> <p>Broccoli</p> <p>Mixed Vegetables</p> <p>Dinner Roll</p> <p>Applesauce</p>	<p>Smothered Pork Cutlet w/Gravy</p> <p>Baked Potato</p> <p>Broccoli</p> <p>Dinner Roll</p> <p>Diced Peach Cup</p>
27	28	29	30	31
<p>Smothered Chicken Thigh</p> <p>Collard Greens</p> <p>Sweet Potatoes</p> <p>Corn Muffin</p> <p>Diced Peach Cup</p>	<p>Crumb Baked Salmon</p> <p>Roasted Red Potatoes</p> <p>Peas</p> <p>Orange</p>	<p>Hamburger</p> <p>Broccoli</p> <p>Corn</p> <p>Bun</p> <p>Banana</p>	<p>Breaded Pork Chop</p> <p>Baby Lima Beans</p> <p>Winter Squash</p> <p>Applesauce</p>	<p>Roast Turkey Breast</p> <p>Mashed Potatoes & Gravy</p> <p>Peas</p> <p>Dinner Roll</p> <p>Grapes</p>