



# APRIL 2018 HEARTY MENU



PROVIDED BY BARRY COUNTY COMMISSION ON AGING 269 948-4856

MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6
Ham Sweet Potatoes Corn Dinner Roll Orange Carrot Cake Cup	BBQ Chicken Thigh Broccoli Mixed Vegetables Dinner Roll Applesauce	Alaskan Stuffed Salmon w/Dill Sauce Sweet Potato Peas Banana	Roast Turkey Mashed Potatoes & Gravy Peas Dinner Roll Mandarin Orange Cup	Mushroom Chicken Brown & Wild Rice California Blend Vegetables Corn Apple <b>Spring Fling!</b>
9	10	11	12	13
Roast Beef Mashed Potatoes & Gravy Broccoli Dinner Roll Apple	Three Cheese Chicken Penne Green Beans Carrots Orange	Hamburger Broccoli Corn Bun Banana	Smothered Chicken Thigh w/Gravy Collard Greens Sweet Potatoes Corn Muffin Diced Peach Cup	Salisbury Steak w/Gravy Baked Potato Peas Dinner Roll Fruit Punch
16	17	18	19	20
Chicken & Noodles Corn Brussels Sprouts Fruit Punch	Turkey Meatloaf Mashed Potatoes & Gravy Mixed Vegetables Dinner Roll Orange	Grilled Chicken Breast Brown & Wild Rice Seasoned Red Potatoes Italian Blend Vegetables Banana	Shepherd's Pie Mashed Potatoes Broccoli Dinner Roll Applesauce	Tuna Noodle Casserole Broccoli Diced Carrots Apple
23	24	25	26	27
Country Fried Steak Mashed Potatoes & Gravy Green Beans Apple	Smothered Pork Cutlet w/Pork Gravy Baked Potato Broccoli Dinner Roll Diced Peach Cup	Fiesta Chicken Brown Rice Brussels Sprouts Corn Banana	Potato Crunch Pollock Lima Beans Red Potatoes Orange	Chili Mac Peas Cauliflower Fruit Punch
30	<p><b>Your donation helps us feed more seniors!</b></p> <p><b>948-4856</b></p>			
Meatloaf Mashed Potatoes & Gravy Green Beans Dinner Roll Apple				
				