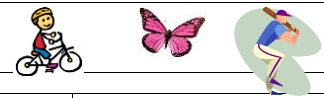


# MAY 2017 HEARTY MENU



PROVIDED BY BARRY COUNTY COMMISSION ON AGING 269 948-4856

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Baked Chicken Thigh Stuffing Mashed Potatoes & Gravy Malibu Blend Vegetables Fruit Cup	Tuna Noodle Casserole  Sweet Potatoes  Corn  Orange  Fruit & Grain Bar	Roast Beef Mashed Potatoes & Gravy Broccoli Dinner Roll Fruit Cup	Cabbage Rolls in Sauce  Mashed Potatoes Dinner Roll Applesauce	Beef Burrito in Sauce  Fiesta Corn Applesauce  
8	9	10	11	12
Salisbury Steak & Gravy Baked Potato Green Beans Whole Wheat Roll Fruit Cup	Country Fried Steak Mashed Potatoes & Gravy Malibu Blend Vegetables Dinner Roll Banana	Smothered Pork Cutlet with Gravy Sweet Potatoes Broccoli Dinner Roll Apple	Chicken Tenders Roasted Red Potatoes Green Beans Orange Juice Animal Crackers	Alaskan Stuffed Salmon Baked Potato Broccoli Dinner Roll Apple
15	16	17	18	19
Sliced Ham Sweet Potatoes Corn Orange Fruit & Grain Bar	Goulash Broccoli Corn Fruit Cup	Potato Crunch Pollock Roasted Red Potatoes Mixed Vegetables Banana Animal Crackers	Meatloaf Mashed Potatoes & Gravy Diced Carrots Dinner Roll Orange Juice	Grilled Chicken Breast Baked Potato Brussels Sprouts Apple Fruit & Grain Bar
22	23	24	25	26
Citrus Salmon Baked Potato Green Beans Dinner Roll Apple	Hamburger Baked Beans Broccoli Bun Fruit Cup	Swedish Meatballs Noodles Peas Stewed Tomatoes Orange Juice	Roast Pork with Gravy Baked Potato Malibu Blend Vegetables Dinner Roll Banana	Homestyle Chicken & Noodles Green Beans Sweet Potatoes Orange
29	30	31		
<b>COA CLOSED</b>  <b>No Meal Delivery</b>	BBQ Chicken Thigh Baked Potato Mixed Vegetables Fruit Cup Fruit & Grain Bar	Swiss Steak Mashed Potatoes & Gravy Southern Greens Cornbread Fruit Cup		<b>Your donation helps us feed more seniors! 948-4856</b>