



NOVEMBER 2017 CONGREGATE MENU



PROVIDED BY BARRY COUNTY COMMISSION ON AGING 269 948-4856

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Sweet & Sour Chicken Brown Rice Tossed Salad Banana Almond Cookie	2 Roast Beef Mashed Potatoes & Gravy Green Beans with Almonds Dinner Roll Orange	3 Taco Salad Pasta Salad Ambrosia
		6 Grilled Chicken Breast Baked Potato Malibu Blend Vegetables Dinner Roll Apple	7 Hot Dog Bun Pickled Beets Tator Tots Pineapple	8 Baked Cod Baby Bakers Broccoli Dinner Roll Banana
13 Salisbury Steak Mashed Potatoes & Gravy Southern Green Beans Dinner Roll Apple	14 Hamburger Bun Corn Chowder Pickled Beets Peach Cup	15 Grilled Chicken Breast Cheesy Potatoes Prince Charles Blend Vegetables Dinner Roll Orange	16 Baked Potato Bar Chili Tossed Salad Banana Crackers	17 Hamburger Bun Baked Beans Pickled Beets Fruit
20 Country Fried Steak Mashed Potatoes & Gravy Seasoned Green Beans Dinner Roll Orange	21 Tuna Noodle Casserole Tossed Salad Malibu Blend Vegetables Apple	22 Roast Turkey Stuffing Mashed Potatoes & Gravy Green Bean Casserole Pumpkin Pie	23 THANKSGIVING COA CLOSED  NO MEAL DELIVERY	24 THANKSGIVING COA CLOSED  NO MEAL DELIVERY
27 Oven Fried Chicken Macaroni & Cheese Corn Brussels Sprouts Peach Cup	28 Potato Crunch Pollock Peas & Carrots Coleslaw Dinner Roll Apple	29 BBQ Meatballs Peas Tossed Salad Dinner Roll Orange	30 Roast Pork with Gravy Baked Potato Harvard Beets Dinner Roll Fruited Jello	Your donation helps us feed more seniors! 948-4856