



# NOVEMBER 2017 COLD MENU



PROVIDED BY BARRY COUNTY COMMISSION ON AGING 269 948-4856

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Spinach Salad w/Chicken Pasta Salad Grapes Muffin	2 Sliced Turkey & Cheddar Cheese Sandwich Thin Broccoli Cranberry Salad Diced Peaches	3 Chicken Salad Fresh Vegetables with Ranch Dip Dinner Roll Pineapple
6 Turkey Ham Pasta Salad Three Bean Salad Tropical Fruit Animal Crackers	7 Sliced Roast Beef & Provolone Cheese Sandwich Thin Sweet & Sour Coleslaw Peach Halves	8 Chicken Wrap Broccoli/Cauliflower Salad Mandarin Oranges	9 Asian Chicken Salad Pasta Salad Fruited Jello Fruit & Grain Bar	10 <b>VETERANS' DAY</b> <b>COA CLOSED</b>  <b>NO MEAL DELIVERY</b>
13 Hard Boiled Eggs Black Bean Salad Tropical Fruit Fruit & Grain Bar	14 Sliced Turkey & Cheddar Cheese Sandwich Thin Coleslaw Grapes	15 Chef Salad Macaroni Salad Melon Chunks Fruit & Grain Bar	16 Breakfast Bread Cottage Cheese Diced Peaches Fruit Punch	17 Chicken Salad Raw Vegetables & Ranch Dip Dinner Roll Mandarin Oranges
20 Roast Beef & Provolone Cheese Sandwich Thin Coleslaw Grapes	21 Turkey Pasta Salad Creamy Cucumber Salad Tropical fruit Cookie	22 Egg Salad Sandwich Thin Baked Beans Mandarin Oranges	23 <b>THANKSGIVING</b> <b>COA CLOSED</b>  <b>NO MEAL DELIVERY</b>	24 <b>THANKSGIVING</b> <b>COA CLOSED</b>  <b>NO MEAL DELIVERY</b>
27 <b>No Cold Meal</b> Due to the holiday weekend your meal will need to be heated	28 <b>No Cold Meal</b> Due to the holiday weekend your meal will need to be heated	29 Cheese Cubes Club Crackers Kidney Bean Salad Mandarin Oranges	30 Chef Salad Macaroni Salad Fruited Jello Fruit & Grain Bar	<b>Your donation helps us feed more seniors!</b> <b>948-4856</b>